

Week 1 Sample Menu- South Dining Commons

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--------------------------|---------------------------|-------------------------|-----------------------|-----------------------|----------------------------|
| Breakfast | | | | | Brunch | |
| Eggs to Order | | | | | | |
| 10" Burrito Wraps | | | | | | |
| Scrambled Eggs | Scrambled Eggs | Scrambled Eggs | Scrambled Eggs | Scrambled Eggs | Made to Order Omelets | Made to Order Omelets |
| Breakfast Sausage Patty | Bacon | Turkey Sausage Links | Breakfast Sausage Patty | Bacon | Turkey Sausage Links | Canadian Bacon |
| Breakfast Potatoes | Tator Tots | Breakfast Potatoes | Tator Tots | Breakfast Potatoes | Hashbrown Casserole | Hashbrown Casserole |
| Biscuits & Gravy | Pancakes | French Toast | Biscuits & Gravy | Pancakes | Breakfast Burritos | Breakfast Pizzas |
| Breakfast Topping Bar | Breakfast Topping Bar | Breakfast Topping Bar | Breakfast Topping Bar | Breakfast Topping Bar | Omelet Bar | Omelet Bar |
| Dessert Corner | | | | | | |
| Yogurt Parfait | | | | | | |
| Cereal | | | | | | |
| Whole Fruits | | | | | | |
| Sliced Breads/Bagels | Sliced Breads/Bagels | Sliced Breads/Bagels | Sliced Breads/Bagels | Sliced Breads/Bagels | Sliced Breads/Bagels | Sliced Breads/Bagels |
| Cinnamon Rolls | Banana Bread | Muffins | Cinnamon Rolls | Banana Bread | Muffins | Croissants |
| | | | | | Brownie | No Bake Cookie |
| Lunch | | | | | Brunch | |
| Station 1 | | | | | | |
| 4.5" flour tortillas | General Tso Chicken/Tofu | Mediterranean Yellow Rice | Mac & Cheese | BBQ Pulled Pork | Carved Pit Ham | Chicken Alfredo Pasta Bake |
| Taco Beef | Jasmine Rice | 6" Pitas | Chicken Tenders | Hamburger Bun | Roasted Red Potatoes | Veggie Alfredo Pasta Bake |
| Cilantro Lime Rice | Stir Fry Veggies | Greek Herb Chicken | Grilled Chicken | BBQ Baked Beans | Roasted Green Beans | Garlic Bread |
| Adobo Black Beans | | Falafel | Chopped Bacon Bits | Potato Salad | Dinner Roll | Grilled Zucchini |
| Toppings | | Hummus | Broccoli | Sliced Onions | | |
| | | Tzatziki | Onions | Pickle Chips | | |
| | | Toppings | Green Onions | Smokey's Cole Slaw | | |
| | | | | BBQ Sauce | | |
| Salad Bar | | | | | | |
| Chopped Lettuce, Spinach, Cucumber, Grape Tomatoes, Red Onion, Shredded Cheese, Parmesan Cheese, Croutons, Dressings | | | | | | |
| Deli Bar | | | | | | |
| Sliced Bread, Ham, Chicken, American Cheese, Provolone Cheese, Lettuce, Tomato, Red Onion, Pickle Chips, Kettle Chips | | | | | | |
| Dessert Corner | | | | | | |
| Chocolate Chip Cookie | Sugar Cookie | Carnival Cookie | Oatmeal Raisin Cookie | Rice Krispie Treat | | |
| Cereal, Whole Fruits, Sliced Bread/Bagels | | | | | | |
| Dinner | | | | | | |
| Station 1 | | | | | | |

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|--|--------------------------|---------------------------------|---------------------------|---------------------|---|------------------------|
| 4.5" flour tortillas | General Tso Chicken/Tofu | Mediterranean Yellow Rice | Mac & Cheese | BBQ Pulled Pork | Linguini | Fried Chicken |
| Taco Beef | Jasmine Rice | 6" Pitas | Chicken Tenders | Hamburger Bun | Halal Meatballs | Loaded Mashed Potatoes |
| Cilantro Lime Rice | Stir Fry Veggies | Greek Herb Chicken | Grilled Chicken | BBQ Baked Beans | Grilled Chicken | Garlic Butter Biscuit |
| Adobo Black Beans | | Beef Gyro | Chopped Bacon Bits | Potato Salad | Marinara | Corn Cobbette |
| Fajita Veggies | | Falafel | Broccoli | Sliced Onions | Alfredo | |
| Toppings | | Hummus | Onions | Pickle Chips | Parmesan Cheese | |
| | | Tzatziki | Green Onions | Smokey's Cole Slaw | Garlic Bread | |
| | | Zhoug | | BBQ Sauce | Pasta Topping Bar | |
| | | Toppings | | | | |
| Station 2 | | | | | | |
| Dijon Pork Loin | Beef Meatloaf | Blackened Cajun Chicken | Indian Butter Chicken | Popcorn Shrimp | | |
| Roasted Maple Sweet Potatoes | Mashed Potatoes | Corner - Jambalaya Vegetable | Indian Butter Tofu | Battered Fries | | |
| Veggie Blend | Cream Gravy | Corn Maque Choux (without meat) | Basmati Rice | Cocktail Sauce | | |
| Dinner Roll | Corn | Jalapeno Corn Bread | Naan Dippers | Tartar Sauce | | |
| | Dinner Roll | | | Hushpuppies | | |
| Soup and Sandiwich Bar | | | | | | |
| Shrimp Po'Boy Sandwich | Cuban Sandwich | Chipotle Chicken Melt | Hawaiian Chicken Sandwich | French Dip Sandwich | Sliced Bread, Ham, Chicken, American Cheese, Provolone Cheese, Lettuce, Tomato, Red Onion, Pickle Chips, Kettle Chips | |
| Chicken Gumbo Soup | Chicken Tortilla Soup | Sante Fe Black Bean Soup | Tomato Soup | Loaded Potato Soup | | |
| Deli Kettle Chips | | | | | | |
| Salad Bar | | | | | | |
| Chopped Lettuce, Spinach, Cucumber, Grape Tomatoes, Red Onion, Shredded Cheese, Parmesan Cheese, Croutons, Dressings | | | | | | |
| Dessert Corner | | | | | | |
| Chocolate Chip Cookie | Sugar Cookie | Carnival Cookie | Oatmeal Raisin Cookie | Rice Krispie Treat | Brownie | No Bake Cookie |
| Cereal | | | | | | |
| Whole Fruits | | | | | | |
| Sliced Breads/Bagels | | | | | | |

Week 2 Sample Menu- South Dining Commons

| Week 2 Sample Menu- South Dining Commons | | | | | | |
|---|---------------------------|------------------------|-------------------------|----------------------------|------------------------|-----------------------------|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Breakfast | | | | | Brunch | |
| Eggs to Order | | | | | | |
| 10" Burrito Wraps | | | | | | |
| Scrambled Eggs | Scrambled Eggs | Scrambled Eggs | Scrambled Eggs | Scrambled Eggs | Made to Order Omelets | Made to Order Omelets |
| Breakfast Sausage Patty | Bacon | Turkey Sausage Links | Breakfast Sausage Patty | Bacon | Turkey Sausage Links | Canadian Bacon |
| Breakfast Potatoes | Tator Tots | Breakfast Potatoes | Tator Tots | Breakfast Potatoes | Hashbrown Casserole | Hashbrown Casserole |
| Biscuits & Gravy | Pancakes | French Toast | Biscuits & Gravy | Pancakes | Breakfast Burritos | Breakfast Pizzas |
| Breakfast Topping Bar | Breakfast Topping Bar | Breakfast Topping Bar | Breakfast Topping Bar | Breakfast Topping Bar | Omelet Bar | Omelet Bar |
| Dessert Corner | | | | | | |
| Yogurt Parfait | | | | | | |
| Cereal | | | | | | |
| Whole Fruits | | | | | | |
| Sliced Breads/Bagels | Sliced Breads/Bagels | Sliced Breads/Bagels | Sliced Breads/Bagels | Sliced Breads/Bagels | Sliced Breads/Bagels | Sliced Breads/Bagels |
| Cinnamon Rolls | Banana Bread | Muffins | Cinnamon Rolls | Banana Bread | Muffins | Croissants |
| | | | | | Brownie | No Bake Cookie |
| Lunch | | | | | Brunch | |
| Station 1 | | | | | | |
| Korean Beef | Mediterranean Yellow Rice | Teriyaki Chicken Thigh | Pork Carnitas | Hot Dogs | Lemon Pepper Chicken | Shrimp Scampi |
| Fried Tofu | 6" Pitas | Teriyaki Tofu | Fajita Veggies | Bratwurst | Long Grain & Wild Rice | Linguini |
| Gochujang Sauce | Beef Gyro | Rice | Adobo Black Beans | Buns | Veggie Blend | Parmesan Cheese |
| Rice | Falafel | Island Grill Bar | Green Tomatillo Salsa | Grilled Onions and Peppers | Dinner Roll | Parsley |
| Pickled Shredded Carrots | Hummus | Pineapple Chunks | Toppings | Toppings | | Garlic Bread |
| Cucumbers | Toppings | | | Fries | | |
| | | | | Beyond Brat | | |
| Salad Bar | | | | | | |
| Chopped Lettuce, Spinach, Cucumber, Grape Tomatoes, Red Onion, Shredded Cheese, Parmesan Cheese, Croutons, Dressings | | | | | | |
| Deli Bar | | | | | | |
| Sliced Bread, Ham, Chicken, American Cheese, Provolone Cheese, Lettuce, Tomato, Red Onion, Pickle Chips, Kettle Chips | | | | | | |
| Dessert Corner | | | | | | |
| Chocolate Chip Cookie | Sugar Cookie | Carnival Cookie | Oatmeal Raisin Cookie | Rice Krispie Treat | | |
| Cereal, Whole Fruits, Sliced Bread/Bagels | | | | | | |
| Dinner | | | | | | |
| Station 1 | | | | | | |
| Korean Beef | Mediterranean Yellow Rice | Teriyaki Chicken Thigh | Pork Carnitas | Hot Dogs | Chicken Parmesan | Gnocchi w/Basil Cream Sauce |
| Fried Tofu | 6" Pitas | Teriyaki Tofu | Fajita Veggies | Bratwurst | Linguini | Grilled Chicken |

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|--|-----------------------|-------------------------|---------------------------|----------------------------|---|----------------|
| Gochujang Sauce | Beef Gyro | Rice | Adobo Black Beans | Buns | Marinara | Sauteed Squash |
| Rice | Falafel | Island Grill Bar | Green Tomatillo Salsa | Grilled Onions and Peppers | Garlic Bread | Garlic Bread |
| Pickled Shredded Carrots | Hummus | Canned Pineapple Chunks | Taco Toppings | Toppings | Veggie Blend | |
| Cucumbers | Toppings | | | Fries | | |
| Station 2 | | | | | | |
| Chicken Fajitas | Yankee Pot Roast | BBQ Pork Chops | Roasted Chicken Legs | Chicken Lo Mein | | |
| Fajita Veggies | Mashed Potatoes | Roasted Red Potatoes | Rice Pilaf | Veggie Lo Mein | | |
| Adobo Black Beans | Roasted Carrots | Roasted Broccoli | Veggie Blend | | | |
| Spanish Rice | Dinner Roll | Dinner Roll | Dinner Roll | | | |
| Tex Mex Toppings | | | | | | |
| Soup and Sandwich Bar | | | | | | |
| Chipotle Chicken Melt | Cuban Sandwich | Beef Bahn Mi Sandwich | Hawaiian Chicken Sandwich | Shrimp Po'Boy Sandwich | Sliced Bread, Ham, Chicken, American Cheese, Provolone Cheese, Lettuce, Tomato, Red Onion, Pickle Chips, Kettle Chips | |
| Santa Fe Black Bean Soup | Chicken Tortilla Soup | Res-Soup Thai Veg | Creamy Broccoli | Chicken Gumbo Soup | | |
| Deli Kettle Chips | | | | | | |
| Salad Bar | | | | | | |
| Chopped Lettuce, Spinach, Cucumber, Grape Tomatoes, Red Onion, Shredded Cheese, Parmesan Cheese, Croutons, Dressings | | | | | | |
| Dessert Corner | | | | | | |
| Chocolate Chip Cookie | Sugar Cookie | Carnival Cookie | Oatmeal Raisin Cookie | Rice Krispie Treat | Brownie | No Bake Cookie |
| Cereal | | | | | | |
| Whole Fruits | | | | | | |
| Sliced Breads/Bagels | | | | | | |